HAM DINNER

HEATING INSTRUCTIONS

Sliced Ham

- 1. Pre-heat oven at 325° F.
- 2. Cover with parchment paper and foil and place in the oven.
- 3. Cook until the ham reaches 165° F (approximately 1½ hours).

Potatoes, Stuffing & Vegetables

MICROWAVE:

- 1. Remove the lid and place in microwave.
- 2. Heat for 4-6 minutes.

CONVENTIONAL OVEN:

- 1. Preheat the oven to 325° F.
- 2. Remove from the container and place in baking pans.
- 3. Heat for 45-60 minutes.

STOVETOP (MASHED POTATOES ONLY):

- 1. Bring water to boil.
- 2. Place the bag in water and let boil for 15–20 minutes.

Gravy

- 1. Place gravy into sauce pan.
- 2. Cook on medium heat for approximately 10 minutes.

Cranberry Fluff

Serve cold.



INGREDIENTS & NUTRITION FACTS

Mashed Potatoes - Russet Potatoes, Whole Milk, Butter (Cream, Salt), Salt, Potassium Sorbate (added as a preservative), Soybean, Mono and Diglycerides, Sodium Acid Pyrophosphate (added for color retention), Natural Flavor.

CONTAINS: Milk and Soy.

Turkey Gravy – Water, Seasoning (Modified Corn Starch, Maltodextrin, Non Fat Dry Milk, Salt, Bleached Wheat Flour, Corn Starch, Gelatin, Chicken Fat, Turkey Broth, Natural Cooked Turkey, Flavor (Turkey Broth, Salt, Flavor), Yeast Extract, Enzyme Modified Turkey, Xanthan Gum, Caramel Color, Silicon Dioxide (added as an anticaking agent)), Natural Roast Turkey Flavor, Modified Corn Starch, Sorbic Acid, Potassium Sorbate and Sodium Benzoate (added as preservatives), Caramel Color. CONTAINS: Wheat and Milk.

Farmland Pit Ham – Ham, Cured with Water, Dextrose, Salt, Sodium Phosphate, Sugar, Brown Sugar, Sodium Erythrobate, Sodium Nitrite, Flavorings.

Old Fashion Stuffing - Cream of Celery Soup (Water, Celery, Cream, Modified Corn Starch, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Onion Powder, Flavor (Autolyzed Yeast, Extract, Salt, Maltodextrin, Lactic Acid Flavoring, Calcium Lactate, Disodium Inosinate, Disodium Gunaylate), Disodium Inosinate, Disodium Guanylate, Natural Flavor). Croutons (Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin. Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola and/or Sunflower Oil, Whey, Salt, Yeast, High Fructose Corn Syrup, Sugar, Spices, Calcium Propionate (added as a preservative), Dehydrated Parsley, Onion Powder, Paprika (added for color), Turmeric (added for color), Extractives of Paprika (added for color), Spice Extractive, Enzymes, Ascorbic Acid, TBHQ (added to preserve freshness)), Water, Onions, 2% or less of the following: Turkey, Mechanically Separated Turkey, Seasoning (Yeast Extract, Sugar, Dextrose, Onion Powder, Garlic Powder, Spice, Disodium Inosinate, and Disodium Guanylate), Salt, Sugar, Flavorings, Potassium Chloride, Chicken Broth, Bleached Wheat Flour, Cooked Chicken Meat, Cream, Butter (Sweet Cream, Salt), Chicken Fat, Modified Corn Starch, Salt, Coconut Oil, Natural Flavor, Hydrolyzed Corn Protein, Sugar, Maltodextrin, Hydrolyzed Wheat Gluten, Chicken Flavor (Soy Flour, Dried Chicken Meat Powder, Torula Yeast, Hydrolyzed Gelatin (added for flavor)), Disodium Inosinate, Disodium Guanylate, Yeast Extract, Flavoring, Sodium Caseinate, Dipotassium Phosphate, Mono and Diglycerides, Beta Carotene, Sodium Diacetate, Salt, Sodium Lactate, Non Fat Dry Milk, Flavor (Salt, Chicken Flavoring (Maltodextrin, Autolyzed Yeast Extract, Natural Flavors, Torula Yeast, Disodium Inosinate, Disodium Guanylate), Dextrose, Onion Powder, Modified Corn Starch, Hydrolyzed Corn Protein, Parsley, Spice Extractives, Silicon Dioxide (added as an anti-caking agent), Natural Butter Flavor, Sodium Benzoate (added to maintain fresheness).

CONTAINS: Wheat, Milk, and Soy.

Green Bean Casserole - Green Beans (French Cut Green Beans, Water, Salt), Cream of Mushroom Soup (Water, Mushrooms, Cream, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Salt, Palm Oil, Flavor (Canola Oil, Nonfat Dry Milk, Autolyzed Yeast Extract, Hydrolyzed Corn Gluten, Hydrolyzed Soy Protein, Salt, Cultured Whey, Disodium Inosinate, Disodium Guanylate, Lecithin), Hydrolyzed Wheat Gluten, Maltodextrin, Sugar, Onion Powder, Disodium Inosinate, Disodium Guanylate, Natural Flavor), French Fried Onions (Onions, Enriched Flour (Wheat Four, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sunflower, Safflower and/or Canola Oil, Salt), Onions, Salt, Soy Sauce (Water, Hydrolyzed Soy Protein, Salt, High Fructose Corn Syrup, Caramel Color, Sodium Benzoate (added as a preservative), Citric Acid), Garlic, Potassium Sorbate and Sodium Benzoate (added to maintain freshness), Black Pepper.

CONTAINS: Wheat, Milk, and Soy.

Cranberry Fluff – Whipped Topping (Water, High Fructose Corn Syrup, Hydrogenated Vegetable Oil (Palm, Palm Kernel, Coconut, and/or Cottonseed), Contains less than 2% of Sodium Caseinate, Dextrose, Artificial Flavor, Polysorbate 60, Sorbitan Monostearate, Guar Gum, Xanthan Gum, Turmeric and Annatto Extracts (added for color)), Pineapple (Pineapple, Pineapple Juice (may contain Citric Acid)), Cranberries, Sugar, Marshmallows (Corn Syrup, Sugar, Modified Corn Starch, Gelatin, Water, Dextrose, Natural Flavor, Tetrasodium Pyrophosphate), Pudding (Sugar, Modified Corn Starch, Dextrose, Contains 2% or less of Disodium Phosphate, Tetrasodium Pyrophosphate (added for thickening), Salt, Mono and Diglyercides (Propyl Gallate and Citric acid (added as antioxidants)), Nonfat Dry Milk, Palm Oil, Titanium Dioxide (added for color), Artificial Flavors, FD&C Yellow #5 and #6), Cream of Tartar (added as a stabilizer).

CONTAINS: Milk.

Homestyle Dinner Rolls – Patent Flour (Bleached Wheat Flour, Malted Barley Flour, Potassium Bromate), Water, Danish Base (Enriched Wheat Flour Bleached (Flour, Niacin, Reduced Iron, Thiamine Mononnitrate, Riboflavin, Folic Acid), Sugar, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed Oil). Dextrose, Wheat Starch, Mono & Diglycerides With BHT And Citric Acid As Preservatives, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Dry Whole Egg, Soy Flour, Potato Flour, Soybean Oil, Dry Whey, Vital Wheat Gluten Corn Starch, Sodium Stearoyl Lactylate, Sodium Propionate (As Preservative), Corn Oil, Beta Carotene as color, Citric Acid, Alpha Tocopherols as preservative), Yeast, S-500 Dough Conditioner (Wheat Flour, DATEM, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Enzymes), Salt.

CONTAINS: Wheat, Milk, Egg, and Soy.

Nutrition Facts Variable servings per container Serving size Amount per serving Calories		8	Pit Ham Variable 3 oz (85g)		Mashed Potatoes Variable 2/3 cup (85g)		Variable		Green Bean Casserole Variable 1/2 cup (227g)		Stuffing Variable 1/2 cup (227g)		Variable		style Dinner Rolls
															Variable 1 roll (36g)
		110		170		50		70		110		210		110	
		% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*		% Daily Value*	
Total Fat		6g	8%	7g	9%	0g	0%	4.5g	6%	5g	6%	7g	9%	3g	4%
Saturated Fat		2g	10%	4.5g	23%	0g	0%	1g	5%	0.5g	3%	7g	35%	0.5g	3%
Trans Fat		0g		0g		0g		0g		0g		0g		0.5g	
Cholesterol		50mg	17%	20mg	7%	0mg	0%	0mg	0%	5mg	2%	0mg	0%	5mg	2%
Sodium		1070mg	47%	420mg	18%	900mg	39%	570mg	25%	580mg	25%	40mg	2%	180mg	8%
Total Carbohydrate		1g	0%	15g	5%	11g	4%	7g	3%	15g	5%	39g	14%	17g	6%
Dietary Fiber		g	%	g	%	g	%	g	%	g	%	1g	4%	0g	0%
Total Sugars		1g		2g		0g		1g		1g		34g		3g	
Includes Added Sugars		g	%	g	%	g	%	g	%	g	%	12g	24%	0g	0%
Protein		14g		3g		4g		1g		3g		0g		3g	
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	Vitamin D	mcg	%	mcg	%	0mcg	0%	0mcg	0%	0mcg	0%	0mcg	0%	0mcg	0%
	Calcium	4mg	0%	20mg	2%	0mg	0%	26mg	2%	12mg	0%	6mg	0%	9mg	0%
	Iron	1mg	6%	0mg	0%	0mg	0%	0mg	0%	0mg	0%	0mg	0%	1mg	6%
	Potassium	ma	%	mg	%	0mg	0%	193mg	4%	110mg	2%	24mg	0%	14mg	0%